

SHREE GURU GOBIND SINGH JEE RAJKIYA MAHAVIDYALAYA
PAONTA SAHIB

NATIONAL SERVICE SCHEME (2019-20)

GOAL:

The sole aim of the NSS is to provide hands on experience to young students in delivering community service. The programme aims to instil the idea of social welfare in students, and to provide service to society without bias. NSS volunteers work to ensure that everyone who is needy gets help to enhance their standard of living and lead a life of dignity. By doing so, volunteers learn from villages peoples that how to lead a good life despite inadequate resources. it also provides help in natural and man-made disasters by giving food, clothes and first aid to disaster victims.

Motto:

The motto of National Service Scheme is **NOT ME BUT YOU**

CONTEXT

The idea of involving students in the task of NSS dates back to the times of Mahatma Gandhi who tried to impress upon his student audience that they should always keep before them their supreme responsibility. The first duty of the students should be to prepare themselves for final dedication to the service of the community on whose back they were resting and not to indulge in intellectual luxury. He advised them to form a living contact and exhorted them to do something positive so that the life of the village might be raised to higher material and moral levels. The scheme has been so effective due to the fact that it is a low investment and high dividend scheme that special emphasis has been laid on NSS in the national policy.

THE PRACTICE

There are two types of programmes under NSS. These are:-

1. **REGULAR ACTIVITIES** : Regular Activities under which students undertakes various activities in the adopted villages, college campuses and urban slums during the working periods or after college hours and
 2. **SPECIAL CAMPING**: Special Camping programmes under which camps of 7 day's duration are organised in adopted villages or urban slums during vacation with some specific project in hand and with the involvement of the local community.
- An NSS Volunteer puts at the outset 120 hours of social work in one year for two years i.e 240 hours in two years on different programmes and special camping. After completing 240 hours of regular social campaign, an NSS Volunteer becomes entitles for certificate.

ASPECTS OF NSS ACTIVITIES-

The NSS programmes undertaken either under regular or special camping cover four aspects:

1. INSTITUTIONAL WORK: The students may be placed in selected welfare agencies outside the campus to work as volunteers;
2. INSTITUTIONAL PROJECTS: Improvement of campuses, Plantation
3. Cleanliness drive and construction of play fields etc.
4. RURAL PROJECTS: Eradication of illiteracy, Health, hygiene, Sanitation, saving drives, construction of rural roads etc.
5. URBAN PROJECTS: Adult education, welfare of slum dwellers, training in civil defence, setting up of first aid posts, hospital work etc.

EVIDENCE OF SUCCESS

Bhargav (B.A.II Year) and Bharti (B.A. II Year) participated in NSS State Mega Camp held w.e.f. 23.09.2019 to 28.09.2019 in Karsog (Mandi).

The SEVEN DAYS' SPECIAL CAMP of NSS unit was organised w.e.f.31.01.2020-05.02.2020. The unit adopted "Shubhkhedha and slum area" for the seven days special camp.

1. Cleanliness drive was observed in college classrooms, premises, shubhkhedha, Yamuna Path, Yamuna Ghat , Yamuna temple, Deiji Sahiba temple, two grounds of the city, two public parks.
2. Awareness through street play on Drug Abuse and Literacy Campaign was done in Slum area Kripal Sheela Road.
3. Talks by Resource persons on "N.S.S., Character-building, Corona Virus, LPG Safety, First Aid, Anaemia, Organ Donation, Laws against Cyber Crime, Domestic Violence etc. " were done.
4. Special emphasis on personality development of volunteer was laid by organising various activities like Kabaddi Match, art & craft activities, Quiz, Dance, Skit, declamation, Singing Competitions. Winners were given prizes which are sponsored by Sun Pharmaceuticals Ltd. Paonta Sahib.

Two Blood Donation Camp was organised in collaboration with Rotary Club Paonta Sahib on 21st September, 2019 and 14th March, 2020 in which 94 and 30 units of blood was collected by IMA Dehradun team. Staff, Volunteers and students enthusiastically participated in this Blood Donation Camp.

More than 80 plants were implanted in the college campus during Plantation drives on 19th August, 5th September, 2019, 05th June, 2020 and 16th June 2020. The foundation of NSS VATIKA was also laid by the unit during the corona pandemic.

During the session 2019-20, the unit witnessed the launch of Fit India Movement on 29th August, 2019 and participated in Fit India Plogging rally on 2nd October, 2019.

Various competitions like Declamation, poster making, painting, slogan writing etc. were held to spread awareness regarding Water Conservation. Talks from the dignitaries of the city Dr. Meenakshi Chauhan, M.O. Kundiyo and Sh. Taranjeet Singh, DSP, State Vigilance and

anti-corruption Bureau , Sirmour were arranged for “Balanced Diet & Exercise, Eradication Of Drug Abuse And Dengue And Poshan Abhiyan, Drug Abuse & Corruption respectively.

Volunteers actively participated to promote Swachhta Abhiyaan through Cleanliness Drives and Awareness campaigns for students in classrooms and shopkeepers adjacent to college area. Volunteers participated in City Cleanliness Drive organised by administration and collected 5 sacks of plastic from Bye-Pass Road to College Via HIMUDA Colony.

The Unit is working in collaboration with the Rotary Club Paonta Sahib to spread its range of activities like the volunteers participated in Painting Drive on Yamuna Path, Blood Donation Camps, Plantation on Yamuna Path, and marathon on Independence Day, 2019.

The volunteers are publicizing the making of Plastic Bottle Bricks among the college students and civilians at Kulhal Pool through Awareness Campaign. The volunteers cum rotaractors of the college prepared 71 poly bricks in the college premise on 07.03.2020. They used the plastic collected from the Kulhal Pool, College and from their homes.

The NSS Unit has formed a state group of volunteers on social media (face book and whatsapp) and are organising various awareness activities like poster-making, self-composed poems, paintings etc. on the themes like “COVID-19”, Khare Himachali, Ghare Himachali”, “Super Heroes ko Salaam”. Volunteers are enthusiastically participating in these activities. Volunteers are composing poems and messages to sensitize the people about the COVID19 pandemic. The social media group is being followed by more than 6000 people.

Besides these awareness activities volunteers have made 734 face masks at their homes and distributed them among villagers and panchayat administration and encouraged to download AAROGYA SETU APP in their mobiles. The students are motivating people to follow the rules of Lock down for the safety of their family and country as well.

Volunteers donated online towards CM Relief Fund under the State NSS Donation Scheme “Each one, One Hundred one”. An amount of Rs. 3200/- has been donated by volunteers towards PM Care/CM Relief Fund .

BLOOD DONATION CAMP ON 21.09.2019



MEHANDI COMPETITION ORGANISED BY NSS ON THE OCCASION OF TEEJ



ERADICATION OF GRASS FROM COLLEGE GROUND



CELEBRATIONS DURING INDEPENDENCE DAY AS CLOSING OF SWACHHTA PAKHWARA



AWARENESS REGARDING CLEANLINESS IN THE SURROUNDING SHOP OF COLLEGE



AUDIENCE DURING GOLDEN JUBILEE CELEBRATIONS OF NSS DAY



PLANTATION DRIVE IN COLLEGE CAMPUS



NSS VOLUNTEERS WITNESSING THE LAUNCH OF FIT INDIA MOVEMENT



PLANTATION ON THE OCCASION OF TEACHERS DAY



SKIT ON "SWACHHTA ABHIYAN" BY NSS VOLUNTEERS ON
24.09.2019



LECTURE ON POSHAN ABHIYAAN ON 18.09.2019



PLEDGE ON INTERNATIONAL PEACE DAY



POSTER MAKING ON WATER
CONSERVATION ON 18.09.2019



SWACHHTA AWARENESS CAMPAIGN FOR STUDENTS
BY NSS VOLUNTEERS ON 07.08.2019

